

Case Study

Overview

Kelly Bennett, a 30-year-old woman with learning difficulties, bipolar disorder and lymphedema, faced a challenging transition when her supported living accommodation closed. Temporarily moving to a nursing home, Kelly felt her independence slipping away.

While the nursing home provided comfort, it wasn't the life she envisioned. Kelly longed for a home of her own, where she could feel safe yet free to live independently.

Hollie Taylor, from the East Team and Kelly's social worker, recognised the importance of restoring Kelly's autonomy.

Taking a restorative approach, Hollie listened to Kelly's concerns and aspirations, ensuring her voice guided the solution. Together, they explored how technology could provide the right balance of support and freedom.



KELLY BENNETT, 30 YEARS OLD

Wolverhampton

Referred by: William Hallt



Technology Implemented

With the collaboration of Wolverhampton Council's Adult Social Care Team, WM5G and Alcove, a tailored package of devices is introduced to meet Kelly's specific needs:

- **Falls Sensor Watch:** Empowers Kelly to move around her home confidently, knowing any fall triggers an immediate alert to her carers.
- **Motion Sensors:** Provide reassurance by monitoring Kelly's activity patterns, ensuring any unusual inactivity is promptly addressed to keep her safe.
- **Amazon Echo Show:** Helps Kelly stay socially connected with family and friends through video calls and manage daily tasks like setting medication reminders, fostering her independence.
- **Door and Window Alarms:** Offer Kelly a sense of security by alerting her and her carers to any unauthorised access, particularly at night.
- **Smoke Detector:** Ensures Kelly's safety by providing swift alerts to carers in case of fire or smoke, allowing her to feel protected in her new environment.

Key Considerations by Referrer

Hollie Taylor, Kelly's social worker, prioritised restoring Kelly's independence while ensuring her safety throughout the transition to a new supported living environment. She recognised the importance of tailoring the solution to Kelly's specific needs and aspirations, taking a person-centred approach that placed Kelly's voice at the heart of the process.

Hollie sought to balance autonomy with appropriate support, identifying innovative ways to reduce reliance on costly waking night staff without compromising Kelly's security. By collaborating with Wolverhampton Council's Adult Social Care Team, WM5G and Alcove, she explored technology-driven solutions that could provide the right level of care while enabling Kelly to regain control over her life.



USER/FAMILY FEEDBACK

"I'm so thankful to Hollie and Alcove for giving me my life back."

Kelly reflecting on her journey to independence

The key focus was on creating a supportive environment that not only aligned with Kelly's immediate needs but also provided long-term benefits for her wellbeing and quality of life. This included addressing practical concerns, such as safety and routine management, while empowering Kelly to feel confident and secure in her new home.

Benefits Achieved

- Kelly transitioned to a new supported living environment with joy, regaining autonomy and control over her life.
- Reduced reliance on waking night staff, resulting in care cost savings of £1,355 per week for Wolverhampton Council.
- Enhanced safety and security through the use of innovative technology.
- Fostered personal growth and confidence in Kelly, enabling her to embrace independent living.

Conclusion

Kelly's story is a powerful example of how listening, collaboration and technology can transform lives. By focusing on what truly mattered to Kelly, the team not only restored her independence and dignity but also delivered meaningful change in a compassionate and cost-effective manner.

REFERRER'S PERSPECTIVE

"This wasn't just about technology. It was about helping Kelly rediscover her confidence and control over her own life."

Hollie Taylor
Kelly's social worker

Contact Us

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