

CASE STUDY

AMINA'S

STORY

Amina

80 YEARS OLD

BIRMINGHAM



OVERVIEW

Amina, an 80-year-old resident of Birmingham, was referred to the WM5G programme due to concerns about her safety and the need for additional support in her daily life. Amina lived independently in her home, a priority for her as she cherished her autonomy. However, she faced challenges with mobility and required regular reminders to take her medication.

Her daughter, concerned about her mother's wellbeing, wanted to arrange sit-in care to increase safety and supervision. Unfortunately, this was not approved and the family sought alternatives to ensure Amina's safety without requiring her to move out of her home or compromise her independence. With no immediate possibility of increasing traditional care, technology-enabled care (TEC) was recommended as a solution to address both Amina's safety and her desire to remain independent.



TECHNOLOGY IMPLEMENTED

To support Amina's needs, a combination of TEC devices was introduced:

ALCOVE VIDEO CAREPHONE

This device enabled Amina to stay in touch with her family through simple video calls. Her daughter could check on her wellbeing remotely, providing peace of mind and maintaining a sense of closeness even when she wasn't physically present.

ALEXA SHOW

The Alexa Show was set up to provide daily medication reminders, ensuring Amina took her prescribed medications on time. It also offered features such as news updates, music and weather forecasts, enriching her day-to-day experience.



FALLS DETECTION DEVICE

Amina was provided with a Seven with Pearl Advanced falls device, which immediately notified carers or family members if a fall occurred. This device enhanced her safety and independence by ensuring timely intervention in case of emergencies, reducing the need for constant supervision.



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BENEFITS ACHIEVED

The introduction of TEC devices transformed Amina's daily life, addressing her safety concerns while preserving her independence:

ENHANCED CONNECTIVITY

The Alcove Video Carephone allowed Amina to stay connected with her daughter and other loved ones, reducing feelings of isolation and fostering a sense of security.

IMPROVED SAFETY

The falls detection device ensured that Amina's safety was never compromised, with real-time alerts providing immediate support when needed.

MEDICATION COMPLIANCE

The Alexa Show's medication reminders helped Amina maintain her health by ensuring she took her medications consistently and on time.

EMPOWERMENT AND INDEPENDENCE

By addressing her safety concerns with TEC, Amina was able to continue living independently in her own home, which was her preferred arrangement.

COST SAVINGS

By avoiding the need for an additional 3.5 hours of sit-in care per week, Amina's care costs were reduced by approximately £77 per week, amounting to significant annual savings.

IMPACT

Amina's case demonstrates how technology-enabled care can be a powerful tool for enhancing the safety and independence of older adults. The integration of TEC devices allowed Amina to remain in her home, avoid additional care hours and enjoy greater peace of mind. This solution not only met her personal preferences but also alleviated the concerns of her family while delivering financial savings.

The success of this approach highlights the value of TEC in addressing the needs of older adults, particularly those who wish to maintain their independence while staying safe in their homes.



CONTACT

If you'd like to refer a client to the WM TEC programme or learn more about technology-enabled care, please contact:

Bryoney: bryoney.cook@birmingham.gov.uk
Mariam: mariam.rehman@birmingham.gov.uk